

## **After your appointment**

**We can signpost you to the most suitable services including access to benefit advice, home visitors, practical and emotional support, social clubs, I.T. support and aids and equipment.**

**Your magnifier will be provided at the appointment or ordered and sent directly to your home address.**

## **Contact us**

**Sight Concern Bedfordshire  
116 Bromham Road  
Bedford  
MK40 2QN**

**Telephone: 01234 311555**

**Registered Charity no: 1117209 Company Limited by  
Guarantee Registered in England & Wales No. 5966120**



# **Low Vision Services Bedford**

**Helping those with sight loss make the  
most of their remaining vision**



**Our award winning Low Vision Service is held in  
our friendly clinic in Bedford. You can take your  
time to explore your needs and access a wide  
range of additional services.**

## **How do you get referred?**

You can be referred by your hospital consultant, doctor, optician, social services or alternatively you can refer yourself. Once we receive the referral, we will contact you to arrange an appointment at our Bedford centre.

## **What to expect**

You will have an appointment with an Optometrist, who will prescribe a visual aid (magnifier) free of charge on loan, if appropriate.

## **Before your appointment**

An appointment letter will be sent by post, containing our Contact details and brief information about your appointment with the Optometrist.

## **Preparing for your appointment**

Please bring your usual glasses with you and any magnifiers you currently use and a copy of your recent eye test, if you have one.

Think about your needs associated with your sight loss. Consider how you will travel to attend your appointment.

## **Transport**

With prior booking, hospital transport is available to assist you.

Our Bedford centre is served well by public transport, both by train and bus. A family member or friend is welcome to bring you by car. Please note parking on site is limited.

## **At your appointment**

A volunteer will welcome you on arrival and accompany you throughout your appointment.

Your Optometrist will discuss your eye condition, answer any questions you may have, explore your vision needs and how to make the most of your remaining sight.

They will then assess and advise you on types of magnification that may help you meet your particular vision needs. You will then be shown how to use the magnifier and be provided with one on free loan.

You will also be advised on appropriate types of task lighting that may benefit you and assess the best use of colour contrast.

For the time being, one person only is able to accompany you to the appointment.